### LASHAUNA M. DEAN CURRICULUM VITAE

### Lashauna.m.dean@gmail.com

### **EDUCATION**

### Ph.D., Counselor Education and Supervision

Old Dominion University, Norfolk, VA CACREP Accredited Program *Cognate*: Advanced Research

Dissertation: Factors that Influence Minority Student Enrollment at Various Levels of Postsecondary Education

 Analyzes factors that influence African American and Latino/Latina students' enrollment in vocational schools, two-year community colleges, and four-year universities using logistic regression and interactional quantitative methods.

### M.A., Community Counseling

Regent University, Virginia Beach, VA CACREP Accredited Program

### **B.A., Psychology** Virginia Wesleyan College, Norfolk, VA

### **CERTIFICATION/LICENSURE**

National Certified Counselor (NCC# 246484)

Licensed Professional Counselor, New Jersey (37PC00477000)

Approved Clinical Supervisor (ACS01696)

Master Addiction Counselor (508820)

### **TEACHING EXPERIENCE**

September 2018- Present	<ul> <li>Associate Professor, William Paterson University</li> <li>Co- Director, Clinical Mental Health Counseling track</li> <li>Administrative related appointment with an expectation of managing the Clinical Mental Health Counseling track. Responsible for reviewing admission applications and interviewing applicants. Assist in scheduling courses; attend regular graduate open houses; contribute to marketing of both programs (School and Clinical Mental Health Counseling); and address dispositional and student conduct related issues. Service on the Department Council tasked with handling departmental complaints and programming.</li> </ul>
September 2013- September 2018	Assistant Professor, William Paterson University Teaching related appointment with an expectation for scholarly accomplishment. Teaching activities include classroom instruction, directing projects, and assisting with student research for graduate students enrolled in the Counseling program.

Courses Taught:

May 2013

December 2008

December 2004

## *Counseling for Substance Abuse and Addiction (CSP 6510)*

This hybrid course provides an overview of substance abuse and counseling clients in the schools and mental health settings who are dealing with substance abuse issues. The student is introduced to the physiological and psychological effects of different substances. The effectiveness and appropriateness of assessment, interventions, and treatments are discussed and evaluated as well as dual diagnosis with concurrent mental health disorders.

### Career Development Across the Lifespan (CSP 6080)

This hybrid course examines major theories of career development across the lifespan and the issues that affect career development and career choice, including psychological, cultural, and social factors. Major assessment tools, including computer programs, are examined. The interconnectedness of career development with other areas of development is discussed as is the role of career counseling in the schools and mental health settings.

### *Human Development Across the Lifespan (CSP 6090)*

• The study of human growth as applied to school and clinical mental counseling. Includes physiological, psychological, cognitive, and social development through the life span. Major theoretical approaches including theories of minority development are also explored.

### Crisis Intervention and Management (CSP 6280)

- This is an online course that introduces the counseling student to basic theories and techniques of crisis • intervention and management.
- *\*Full list of courses available upon request.*

### Summary of Skills:

- Individual/Family Therapist
- Case Management
- Residential Counselor
- Intake Assessor
- Supervision

Clinical Supervisor

William Paterson University

Provided clinical supervision to students who graduated the Master's in Professional Counseling program. Supervised school and mental health settings. Monitored students' clinical skill development, provided feedback on taped counseling sessions and written case conceptualizations, and conducted evaluations of progress.

### Additions & Counseling

Substance Abuse Counselor FCP Associates, Norfolk, VA

Facilitated weekly outpatient substance abuse groups for adult clients on probation or parole. Prepared weekly progress notes detailing group topics and each member's participation and compliance with program rules. Prepared monthly reports informing probation officers of client progress towards goals. Conducted and interpreted urine drug screens. Linked with probation officers regarding group member compliance. Conducted weekly assessments for drunk driving offenders. Provided substance abuse education, assess for crises, and process all aspects of the recovery process.

### Substance Abuse Group Facilitator

Bruder Counseling, Virginia Beach, VA Facilitated weekly outpatient substance abuse groups for court-ordered participants age 18 and older. Prepared weekly progress notes detailing group topics and each member's participation and compliance with program

- Substance Abuse Counselor & Group Facilitator
- Supportive Housing Counselor •
- Psychoeducational Group Facilitator •

# Fall 2014- present

### Dec 2012- June 2013

# Fall 2013- Spr 2014

Fall 2013-present

Fall 2013, Spr 2017

# April 2009- June 2010

Fall 2013

rules. Conducted and interpreted urine drug screens. Linked with probation officers regarding group member compliance. Provided substance abuse education, assessed for crises, and processed all aspects of the recovery process.

### MH/MR Clinician I

City of Virginia Beach, Department of Human Services March 2009-Mar 2010 Performed assessments, treatment planning, crisis planning, clinical intervention, consultation, supportive counseling, transition planning and other case management duties in a mental health and substance abuse setting; served an adult population with serious mental illness, substance use disorders or co-occurring disorders; utilized the computer to provide clinical documentation and retrieved information from the Electronic Medical Record and assured that all filing of clinical information and submission of billing information are done accurately and within the time frame required.

Identified and documented client's needs for resources and services and found resources to meet the client's needs; used information from assessments and interviews to develop service plans and coordinate services.

### Qualified Mental Health Professional

Compass Youth Services, Norfolk, VA July 2008- May 2011 Provided intensive individual and family therapy to at risk clients in their home. Completed intake assessments, create, and maintain individual service plans to include goals and objectives. Provided substance abuse counseling, psycho-education, and interventions for substance using clients and their families. Completed substance abuse intakes and assessments. Provided ongoing case management and crisis intervention services to clients and their families. Linked, referred, and coordinated services for clients needing additional community resources, medication management, psychiatric appointments, legal issues, and medical appointment/referral.

### PRESENTATIONS AT REFEREED CONFERENCES

### National/International

Dean, L. (2020, June). Impact of Cannabis legalization on counselors. New Jersey Counseling Association,

(NJCA) Annual Conference, virtual.

Dean, L. (2019, October). The impact of Cannabis legalization on the addictions course. Association

for Counselor Education and Supervision (ACES), Seattle, W.A. Accepted: 50- minute Education

Session.

Vincenzes, K., Drew, M., Dean., L., & Hinkle, M. (2019, October). Building community and maximizing student success: Perspectives from counselor educators in traditional, online, and hybrid

counselor education programs. Association for Counselor Education and Supervision (ACES), Seattle,

W.A. Accepted: 90- minute Education Session.

- Dean, L., Drew, M. J., Decker, K. M., Hinkle, M. (2018, April). Addiction in the schools: Improving training for school counselors. American Counseling Association (ACA), Atlanta, GA.
- Dean, L., Drew, M. J. (2018, April). *Current trends in drug use*. Professional Counseling Program, William Paterson University, Wayne, NJ.

- Drew, M. J., Hinkle, M., Decker, K. M., Dean, L. (2018, April). Pop culture and adolescents: Experiential Interventions to work with clients. American Counseling Association National Conference (ACA), Atlanta, GA.
- Hinkle, M., Drew, M. J., Dean, L. (2018, March). Integrating the celebrity influence into counseling interventions. Professional Counseling Program, William Paterson University, Wayne, NJ. Dean, L.,
- Drew, M., & Decker, K. (2017, October). Professional school counselors and substance abuse: Forging a new direction in counselor education. Association for Counselor Education and Supervision (ACES), Chicago, IL. Accepted: 50- minute Education Session.
- Hinkle, M., Drew, M., Decker, K., & Dean, L. (2017, October). Let's get this 'Write': In-class writing activities to enhance student reflection. Association for Counselor Education and Supervision (ACES), Chicago, IL. Accepted: 50- minute Education Session.
- Drew, M., Decker, K., Hinkle, M., & Dean, L. (2017, May). Celebrity impact on adolescents: Using entertainment news to work with clients. New Jersey Counseling Association (NJCA), 90- minute Education Session. Lincroft, NJ.
- Drew, M., Hinkle, M., Decker, K., & Dean, L. (2017, May). You can't light a candle without a flame: Self-care for the Supervisor. New Jersey Counseling Association (NJCA), 60- minute Education Session. Lincroft, NJ.
- Dean, L., & Hinkle, M. (2017, March). Synthetic drugs: What school and mental health counselors need to know. American Counseling Association (ACA), 60- minute Education Session. Accepted: San Francisco, CA.
- Dean, L., & Hinkle, M. (2016, March). *A snapshot of substance abuse across the family life cycle*. American Counseling Association (ACA), Poster Session. Accepted: Montreal, QC, Canada.
- Hinkle, M., & Dean, L. (2016, March). *Integrating the whole client story: Role-play to enhance case conceptualization skills*. American Counseling Association (ACA), Roundtable Session. Accepted: Montreal, QC, Canada.
- Dean, L. (2015, October). Staying current and culturally competent in teaching for the addictions

*course*. North Atlantic Region of the Association for Counselor Education and Supervision (NARACES), Accepted: Philadelphia, PA.

- Decker, K., Hinkle, M., & Dean, L. (2015, October). Yikes, I'm teaching that? Engaging students in challenging courses. North Atlantic Region of the Association for Counselor Education and Supervision (NARACES), Accepted: Philadelphia, PA.
- Dean, L. (2014, October). What we actually do: Redesigning the traditional addictions course. North Atlantic Region of the Association for Counselor Education and Supervision (NARACES), Providence, RI.

### **Invited Presentations**

- Dean, L. (2020, June). *Diversity & equity in education series: 3-part workshop*. Woodbridge Public School District.
- Dean, L. (2020, May-July). 5 vowels of constructive coaching. Consultant training for Mental Health Education Group.
- Dean, L. (2020, April). Social emotional learning: Self-Management. Professional Development for Burlington County Schools.
- Dean, L. (2020, March). Growth mindset and strategies for increasing self-esteem and positive thinking.Professional Development for Educational Staff; Staff Development Workshops.
- Dean, L. (2019, December). *Promoting inclusivity and diversity in professional spaces*. New Jersey Association for School Libraries. New Brunswick, New Jersey.
- Dean, L. (2019, November). *Diversity in higher education*. National Student Leadership Diversity Conference. Jersey City, New Jersey.
- Dean, L. (2019, November). Mental health and anxiety in schools. Hawthorne Public Schools.
- Dean, L. (2019, November). *Cultural sensitivity: Improving cross cultural communication and broaching difficult topics*. Passaic Public Schools.
- Dean, L. (2019, October). Communication and conflict resolution techniques for instructional assistants. Bloomfield Public Schools.

Dean, L. (2019, September). Behavioral management strategies. Passaic Public Schools.

- Dean, L. (2019, August). Anxiety and mental health in today's schools. Princeton Public Schools.
- Dean, L. (2019, May-December). Summer diversity series. William Paterson University. Wayne, NJ.
- Dean, L. (2019, April). Addressing disruptive and oppositional behaviors in the classroom. Burlington County Professional Development Institute. Westhampton, New Jersey.
- Dean, L. (2018, December). Advanced ethical and cultural considerations in grief and loss. Burlington Crisis Team. Westhampton, New Jersey.
- Dean, L. (2018, November). Activist burnout and self-care. National Student Leadership Diversity Conference. Jersey City, New Jersey.
- Dean, L. (2018, November). Did that just happen because I'm...: Microaggressions and their toll. National Student Leadership Diversity Conference. Jersey City, New Jersey.
- Dean, L. (2018, November). *Implicit bias*. Campus Activities, Service & Leadership, William Paterson University. Wayne, New Jersey.
- Dean, L. (2017, February). Did that just happen because I'm...? Microaggressions. New Jersey Institute of Technology (NJIT). Sponsored by the Division of Academic Support and Student Affairs Diversity Committee.

### PUBLICATIONS

### Refereed

- Dean, L. (2019). Dissociative disorders and somatic symptom and related disorders. In Treating Those with Mental Disorders: A Comprehensive Approach to Case Conceptualization and Treatment (2nd Ed.), pp. 462–491). United States: Pearson.
- Dean, L. (2017). Synthetic drugs: What school and mental health counselors need to know. In P. S. Lassiter & T. J. Buser (Eds.), Annual Review of Addictions and Offender Counseling (v. 3), (pp. 7-21). Eugene, Oregon: Wipf and Stock Publishers.
- Hinkle, M. S., & Dean, L. (2017). Creativity in teaching case conceptualization skills: Role-play to show the interconnectedness of domains. *Journal of Creativity in Counseling. Retrieved from* http://dx.doi.org/10.1080/15401383.2016.1249813

- Dean, L., & Hinkle, M. S. (2015). Using photos from the past to make meaning for the future. In C. S. Bhat, Y. Pillay, & P. R. Selvaraj (Eds.), *Group work experts share their favorite activities for the prevention and treatment of substance use disorders*. Alexandria, VA: Association for Specialists in Group Work.
- Dean, L., & Hinkle, M. S. (2015). Empowering older adults through resources. In C. S. Bhat, Y.
  Billay, & P. R. Selvaraj (Eds.), Group work experts share their favorite activities for the prevention and treatment of substance abuse. (pp. 226-230). Alexandria, VA: Association for Specialists in Group Work.
- Hinkle, M. S., & Dean, L. (2015). Journey toward sobriety collage. In C.S. Bhat, Y. Pillay, & P.R.
  Selvaraj (Eds.), *Group work experts share their favorite activities for the prevention and treatment of substance use disorders*. Alexandria, VA: Association for Specialists in Group Work.
- Neukrug, E., Bayne, H., **Dean-Nganga, L.,** & Pusateri, C. (2013). Creative and novel approaches to empathy: A neo-Rogerian perspective. *Journal of Mental Health Counseling*, *35*(1), 29-42.

### Edited

Dean, L. (2015). *Motivational interviewing*. In E. Neukrug (Eds.), *Encyclopedia of theory in counseling and psychotherapy*. Norfolk, VA: SAGE.

Pusateri, C., Dean, L., & Paylo, M. (2014). Dissociative disorders and somatic symptom

disorders. In V. E. Kress and M. J. Paylo's (Eds.), Treating those with mental disorders: A

comprehensive approach to case conceptualization and treatment. Columbus, Ohio: Pearson.

### SERVICE

### University

Panelist, New Faculty Orientation, William Paterson University (September 2016, 2018)
Member, Governance Council, William Paterson University (Spring 2017- present)
Chair, Governance Council, William Paterson University (Spring 2016- Spring 2017)
Member, Black History Month Planning Committee, William Paterson University,
(September 2016- February 2016)
Member, Governance Council, William Paterson University (September 2015- Spring 2016)

### College

Assistant to Associate Dean, William Paterson University, (Spring 2018) Member, College Council, William Paterson University, (September 2015- 2018) Chair, Diversity Committee, William Paterson University, (September 2016- present) Member, Diversity Committee, William Paterson University, (September 2013- present) Co-chair and Member, Transformation Initiative, William Paterson University, (2014) *Member,* Accreditation and Assessment Committee, William Paterson University, (September 2014-present)

*Technology Committee*, William Paterson University, (September 2019- present)

Continuous Improvement/Assessment, William Paterson University, (September 2019- present) Department

2013-2014 Search Committee for Special Education faculty member

2014-2015 Search Committee for Counseling faculty member

### Program

CACREP Advisory Committee Graduate Admissions Committee Co-coordinator of the Mental Health Counseling Program Coordinator of the Substance Abuse Program Chapter Faculty Co-Advisor, Chi Sigma Iota, Alpha Beta Chi Chapter